



Roasted chicken Maryland with new potatoes and tomatoes

By Miele

10 minutes

1 hour, 10 minutes

6

Serves

INGREDIENTS

6 chicken Maryland
600g new potatoes
400g truss cherry tomatoes
1 bunch fresh oregano, roughly chopped
4 tablespoons extra virgin olive oil
2 tablespoons red wine vinegar
Murray River Sea Salt to taste

METHOD

- 1. Place the potatoes in a perforated steam tray and steam at 100°C for 20 minutes.
- 2. Halve the Maryland's so you have individual drumsticks, and chicken thighs. Place a Gourmet oven dish on medium-high

heat, Induction setting 7, and place the chicken pieces skin side down so they get a nice golden colour.

- 3. Once the chicken is golden, remove the dish from the heat, remove the chicken and set aside in a large bowl.
- 4. Lightly crush the potatoes by pushing down on them with your thumb. Add to the bowl with the chicken.
- 5. Add the tomatoes, oil, 1 tablespoon of vinegar and half the oregano with a generous pinch of salt.
- 6. Toss everything together and place back into the oven dish, making sure your chicken is skin side up.
- 7. Roast in the oven on Fan Plus at 160°C for 40 minutes.

To Serve

1. Remove from the oven, drizzle with vinegar and sprinkle with oregano.

Hints & Tips

• This dish is delicious served with a simple watercress or rocket salad.