



Thoughts of a Pavlova

By Nick Honeyman

45 minutes

10 minutes

6

Serves

INGREDIENTS

Almond crust

100 grams flour100 grams ground almonds50 grams lemon oil50 grams icing sugar

Yoghurt cheesecake

1 lime zest1 vanilla bean50 grams simple syrup100 grams buffalo yoghurt200 grams cream cheese25 grams icing sugar

Coconut meringue

85 grams egg whites
0.5 grams salt
100 grams icing sugar
70 grams sugar
20 grams coconut
milk powder

To finish

1 punnet strawberries,finely diced2 kiwi fruit, finely diced

METHOD

Almond Crust

- 1. Pre heat oven on fan plus 180°C. Line a baking tray with baking paper. Mix the flour and almonds together and bake in oven for 10 minutes.
- 2. Remove from oven and let cool. Once cool mix through the icing sugar and lemon oil and put to one side.

Yoghurt Cheesecake

1. Place all ingredients into a food processor and blend until smooth. Place to once side.

Coconut Meringue

- 1. Beat the egg whites with an electric mixer on high until firm peaks begin to form, approximately 2 minutes; gradually add both the sugars and salt, beating well after each addition. Continue to mix on high until the meringue is firm and glossy, approximately 5 minutes.
- 2. Finally mix through coconut and milk powder. Transfer meringue into a piping bag.

To Serve

1. Start with the yoghurt mix on the bottom, surround it with diced fruit and cover with almond crust. Pipe the meringue into 3cm cones over the top and brulée.