



# Lamb terrine

By Shannon Bennett

25 minutes

Prep time

6 hours 30 minutes

Cooking time

15 Servings

Serves

### **INGREDIENTS**

## Stage 1

2kg Lamb leg, seasoned with salt and white pepper 2kg duck fat 1 garlic bulb, cut in half 2 rosemary sprigs

## Stage 2

300g Lamb leg confit meat, 3
eschallots, finely chopped
1 cup flat leaf parsley, chopped
1 garlic bulb, confit
½ cup dried cranberries, rehydrated
in hot water for 10 minutes, drained
2/3 cup roasted pistachio nuts
½ cup lamb cooking juices
½ teaspoon salt
1 teaspoon lemon zest

### **METHOD**

### Stage 1

- 1. Pre-heat oven on Fan Plus 120°C. Place medium Gourmet oven dish on shelf position 2 and heat empty dish for 10 minutes.
- 2. Place lamb in a hot oven dish with duck fat, rosemary and garlic, cover with foil or lid and cook for 6 hours.
- 3. Remove lamb from duck fat and pick meat from bones and cool, set aside to be used in stage 2.

## Stage 2

- 1. Remove the skin from the confit garlic bulb and puree.
- 2. Combine all ingredients in stage 2.
- 3. Press lamb mixture into a lined mould measuring 11cm x 28cm and cover with plastic wrap and weigh down with some heavy cans. Set in fridge overnight.

#### To serve

1. Cut terrine into desired portion size and serve with pickled radish, cornichons, pickled baby beets and toasted sourdough bread.

## Hints and tips

• Duck fat can be filtered and re-used. Let the fat solidify and remove the meat sediment. Keep the sediment for a jus. Pack the filtered fat in an airtight container and refrigerate or freeze for later use.