



Chocolate truffles

By Michael Meredith

20 minutes plus cooling time

Preparation time

15 minutes

Cooking time

Makes 10

Serves

INGREDIENTS

125 g good quality dark chocolate (70%), finely chopped 60 g double cream 60 g unsalted butter, diced ¼ tsp vanilla (optional) 25 ml Cointreau (optional) 100 g (1 cup) cocoa powder, to roll

METHOD

- 1. Place a small saucepan on medium heat, induction setting 5 and add the cream.
- 2. Slowly warm the cream and then turn the temperature to low heat, induction setting 1.
- 3. Add the chocolate and stir into the cream.
- 4. Add the butter, stirring slowly until completely melted.
- 5. Once the mixture has melted and is smooth and glossy, add the vanilla and Cointreau and mix through.
- 6. Place into a bowl, cover and store in the refrigerator for 2 hours to set. If not using Cointreau add an additional 25 ml cream.
- 7. Remove from the refrigerator and stir quickly while the ganache is still soft and pliable.
- 8. Using a teaspoon, transfer 15-18g balls of ganache onto a baking paper lined tray.
- 9. Place the unformed balls of ganache into the refrigerator for another 15 minutes to set prior to rolling.
- 10. Place the cocoa powder in a shallow bowl ready for rolling.
- 11. Remove the mixture from the refrigerator and lightly dust cocoa onto your hands, this will stop the mixture from sticking to your hands.
- 12. Quickly roll each ball, the warmth of your hands will start to melt the ganache, so you need to work quickly to roll each of the balls into shape.
- 13. Once formed into balls, roll in the cocoa to dust. Store in refrigerator.

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To serve

1. Pour chocolate sprinkles into a small bowl and delicately place the truffles in the bowl.