

Miele

Steamed buns with mushroom, chilli, chive and hoisin

By Miele

45 minutes

Preparation time

20 minutes

Cooking time

4-6

Serves



INGREDIENTS

Filling

10ml sesame oil
450g button mushrooms, sliced
½ garlic clove, crushed
15g sugar
60g peanut butter
15ml hoisin sauce
30ml sweet chilli sauce
2 tbsp chives, chopped

Dough

275g plain flour
25g cornflour
1 tbsp sugar
¼ tsp salt
1 tsp dry yeast
1 tbsp vegetable oil
180ml lukewarm water (37°C)

1 tbsp black sesame seeds

To serve

4 tbsp hoisin sauce
1 lime, juiced
1 tbsp chilli oil

METHOD

Filling

1. Preheat a frying pan on high heat, induction setting 8 and add the sesame oil.
2. Add the mushrooms and cook until lightly browned and crisp.
3. Turn down to medium heat, induction setting 6 then add garlic, sugar, peanut butter, hoisin and sweet chilli sauce.
4. Cook until thick and sticky, approximately 3 minutes. Remove from heat and stir through chives, allow to cool.

Dough

1. Stir the flour, cornflour, sugar and salt together in a bowl.
2. Whisk the yeast, oil and water together and pour over the flour mix.
3. Mix until a dough forms then either knead on a bench for 5 minutes, or add to a freestanding mixer with a dough hook and mix on a medium speed for 3 minutes. The dough will be soft and silky to touch.
4. Rest covered with cling wrap on the bench for 15 minutes to prove.
5. Roll into a sausage shape and cut into 24 equal pieces, 20g each.

Dumplings

1. Flatten a piece of dough with your fingers, add a heaped teaspoon of cooled filling and close together forming a ball shape.
2. Place seal side down into a perforated steam container lined with baking paper; continue for all the dough mix, allowing a 2cm gap in between each.
3. Place in the steam oven and Steam at 40°C for 15 minutes, or until doubled in size.
4. Sprinkle the sesame seeds over the top of each bun and Steam at 90°C for a further 10 minutes.

To serve

1. Combine hoisin and lime juice.
2. Serve with the citrus hoisin and chilli oil.

Hints and tips

- Other mushroom varieties can be used in the filling, such as shitake.
- The dumplings can also be frozen once they have cooled. Reheat on Steam at 100°C for 10 minutes.