



# Winter minestrone

By Miele

40 minutes

Preparation time

50-60 minutes

Cooking time

4

Serves

### **INGREDIENTS**

1 tbsp extra virgin olive oil

1 red onion, peeled and chopped

1 large carrot, peeled and chopped

2 sticks celery, chopped (keep the softer celery leaves and shred)

150 g pancetta, rind removed, diced

(keep the rind)

6 garlic cloves, finely sliced

9 sage leaves, finely shredded

1 bunch of parsley, stalks, finely chopped (leaves shredded and

reserved for later)

1 x 400 g tin whole peeled tomatoes

2 x 400 g tins cannellini beans,

drained and rinsed

4 cups (200 g) cavalo nero,

shredded

1 litre chicken stock

1 celeriac, peeled and diced

Parmesan rind (optional)

Salt flakes and black pepper, to

taste

2-3 tsp red wine vinegar, to taste (optional)

To serve

Grated parmesan

Olive oil

#### **METHOD**

- 1. Heat olive oil in a large pot on medium-high heat, induction setting 7.
- 2. Add onion, carrot and celery. Season with salt and gently sauté for 10 minutes.
- 3. Add pancetta and continue to sauté for a further 10 minutes.
- 4. Add garlic, sage and parsley stalks, sauté for an additional 5 minutes.
- 5. Using your hands, squash the whole peeled tomatoes and add them to the pan, cook for 2-3 minutes.
- 6. Add 2/3 of the beans, half the cavalo nero, chicken stock and celeriac. Add the reserved pancetta rind and parmesan rind if using.
- 7. Bring to the boil and then simmer for 30 minutes, or until the celeriac is soft.
- 8. Squash the remaining beans (or blend) to a paste. Add pureed beans and remaining cavalo nero. Stir through and allow the bean paste to be dispersed through the soup and thicken.
- 9. Remove the pancetta rind and parmesan rind. Stir through shredded parsley and celery leaves. Season to taste with salt, pepper and red wine vinegar, if using.

#### To serve

1. Serve in warm bowls, top with grated parmesan and a drizzle of olive oil.

## Hints and tips

• You may require more chicken stock, depending on desired thickness.