



# Breakfast bao

### By Miele

1 hour 15 minutes Preparation time

**50 minutes** Cooking time

6 Serves

## INGREDIENTS

6 steamed bao, fresh or frozen 4 eggs 1-2 tbsp oyster sauce, depending on taste 2 tbsp cream 3 spring onions, sliced

# **Steamed bao buns** 500g plain flour

30g caster sugar 5g baking powder 300ml lukewarm water 10g dried yeast 50g butter, melted 5g table salt

#### Sriracha slaw

200g wombok cabbage, finely sliced 100g snow peas trimmed, finely sliced 1 carrot, peeled, finely julienned 1 tbsp vinegar 1 tbsp whole egg mayonnaise 1 tbsp Sriracha hot chilli sauce

#### To serve

Sriracha slaw Soft herbs, picked and washed, such as holy basil and Vietnamese coriander

#### METHOD

#### Steamed bao buns

- 1. Combine flour, sugar and baking powder in a bowl and set aside.
- 2. Combine water, yeast and melted butter in a mixing bowl fitted with a dough hook. Add dry ingredients and combine on speed 1 for 4 minutes.
- 3. Add salt to dough and continue to knead on speed 2 for 4 minutes.
- 4. Place dough in a lightly oiled bowl and Steam at 40?C, uncovered for 15 minutes. Remove dough from the steam oven and refrigerate for 1 hour.
- 5. Remove dough from the refrigerator and portion dough into 30g pieces; roll each piece into a ball. Using a rolling pin, roll into an oval shape, approximately 8cm. Brush the dough with a little olive oil and fold in half crosswise.
- 6. Place into a baking paper lined perforated steam container, 4cm apart. Prove buns in the steam oven at 40?C, uncovered for 20 minutes.
- 7. Place containers into the steam oven and Steam at 100?C, uncovered for 15 minutes.

#### Sriracha slaw

1. Combine all ingredients into a large bowl and mix well. Cover and leave to marinate for 30 minutes.

#### **Breakfast bao**

- 1. Arrange the bao on a paper lined perforated steam container and place into the steam oven on shelf position 3.
- 2. In a mixing bowl combine, eggs, oyster sauce and cream, whisk well.
- 3. Transfer mix into a lightly greased unperforated steam container and place into the steam oven on shelf position 3 along with the bao. Steam at 100°C for 2 minutes.
- 4. Divide the omelette into 6 equal portions to fill the bao.
- 5. Serve with sriracha slaw and fresh herbs.

#### Hints and tips

- The bun recipe makes 30-40 buns and can be doubled without the dough being compromised; cooked buns can then be frozen for future use. Freeze in an airtight container and store for up to 3 months.
- Multiple variations of filling can be used for the buns, such as pulled pork, chicken or lamb.
- Quality oyster and sriracha chilli sauce can be found at your local Asian grocery, look for products with minimal ingredients and no artificial preservatives.
- A wide variety of flavourful herbs are also available from your local Asian grocery, which bring depth and interest to many dishes cooked at home.
- This recipe only takes 35 minutes preparation and 2 minutes cooking time, if you have the boa ready-made.