



Temari sushi

By Miele

1 hour

Preparation time

17 minutes

Cooking time

Makes 12

Serves

INGREDIENTS

Sushi rice

400g sushi rice
600ml water
1 tsp salt flakes
4 tsp caster sugar
60ml rice wine vinegar

Tuna salad

Furikake (Japanese rice seasoning) 185g tin tuna, drained 1-2 tbsp Kewpie mayonnaise Salt flakes to taste

Salmon sashimi and wasabi

Sashimi grade salmon Wasabi

Cucumber and pickled ginger

Cucumber Pickled ginger

METHOD

Sushi rice

- 1. Place the rice into a fine sieve and wash under running water until the water runs clear. Allow to drain well.
- 2. Place the rice into an unperforated steam container and add the water.
- 3. Steam at 100°C for 17 minutes.
- 4. Combine, salt, sugar and rice wine vinegar, mix to dissolve. Stir through the rice after it has been removed from the steam oven.

Tuna salad temari sushi

- 1. Place a sheet of cling wrap on a flat surface. Sprinkle over a generous amount of furikake.
- 2. Add 2 tbsp cooked sushi rice to the middle of the cling wrap, press down slightly.
- 3. Add some tuna salad to centre of the rice and top with another 1 tbsp of sushi rice.
- 4. Bring the corners of the plastic together, seal and twist to make a ball. Not too tight. Let to set in the refrigerator for 1 hour.

Salmon sashimi and wasabi

- 1. Place a sheet of cling wrap on a flat surface. Place 3 thin slices of salmon in the middle of the cling wrap, add a small dob of wasabi to the salmon, top with 3 tbsp cooked sushi rice.
- 2. Bring the corners together, seal and twist to make a ball. Not too tight. Let set in the refrigerator for 1 hour.

Cucumber and pickled ginger

- 1. Place a sheet of cling wrap on a flat surface. Place 3 very thin slices of cucumber in the middle of the cling wrap, top with 2 tbsp of cooked sushi rice, press down slightly.
- 2. Add a small amount of pickled ginger to centre of the rice, and then top with another 1 tbsp of sushi rice.
- 3. Bring the corners together, seal and twist to make a ball. Not too tight. Let set in the refrigerator for 1 hour.

To serve

1. Remove from the refrigerator, unravel and serve with soy sauce, Kewpie mayonnaise, pickled ginger and wasabi.

Hints and tips

- Wetting your hands and fingers a little will make handling the cooked sushi rice easier.
- Have fun with many different toppings and fillings. Finely sliced omelette, cooked prawns, salmon roe and avocado to name a few.
- This is a great recipe to make with children and packed in school lunchboxes.