



## Chicken satay with ginger rice

By Miele

## 10 minutes plus marinating time

Preparation time

### 15 minutes

Cooking time

4

Serves

#### **INGREDIENTS**

## Chicken satay

150 g smooth peanut butter ½ tsp chilli powder 2 tbsp light soy sauce ¼ cup (60 ml) rice vinegar 20 g honey ¼ cup (60 ml) water 800 g chicken thigh fillets, cut into strips 16 wooden bamboo skewers, soaked in water for 30 minutes

## Ginger rice

400 g (2 cups) basmati rice 1 tbsp light soy sauce 2 whole star anise 1 inch ginger, thickly sliced 3 cm piece ginger (15 g), thickly sliced 750 ml (3 cups) chicken stock

#### To serve

1/4 cucumber, sliced
Coriander leaves
Crispy shallots
Black sesame seeds

#### **Miele Accessories**

Grilling and roasting insert Universal tray Steam containers Griddle plate

#### **METHOD**

#### Chicken satay

- 1. Mix the peanut butter, chilli powder, soy sauce, rice vinegar and honey
  - with the water. Reserve half of sauce for serving.
- 2. Mix remaining sauce with the chicken and thread onto the skewers. Allow to marinate for 20 minutes.
- 3. Preheat the oven on Fan Grill at 200°C.
- 4. Place the skewers on a grilling and roasting insert in universal tray. Place in the oven on shelf position 4 and cook for 10 minutes, turning half way.

## **Ginger rice**

- 1. Place the rice into an unperforated steam container with the remaining ingredients.
- 2. Place into the steam oven and Steam at 100°C for 15 minutes.

#### To serve

- 1. Serve the rice into bowls with the skewers placed on top.
- 2. Spoon the reserved satay sauce over the skewers and garnish with cucumbers, coriander, crispy shallots and black sesame seeds.

# Alternative appliance method Induction

• Preheat the plate on medium-high heat, induction setting 7, and cook for 4 minutes on each side.