



Peri peri chicken with quinoa salad

By Miele

30 minutes, plus marinating time

Preparation Time

40 minutes

Cooking Time

6 serves

Serves

INGREDIENTS

Peri peri chicken

12 small red chillies, seeds removed and sliced
3 garlic cloves, roughly chopped
2 tbsp olive oil
1 lime, juiced
½ tsp salt flakes
¼ tsp cracked black peppel
2 tsp sweet smoked

1 lime, juiced
½ tsp salt flakes
¼ tsp cracked black pepper
2 tsp sweet smoked
paprika
2 tbsp red wine vinegar
2 tsp Worcestershire sauce
6 medium chicken breasts

(approximately 1.2 kg)

Quinoa salad

2 tbsp olive oil 3 garlic cloves, crushed 1 jalapeño chilli, minced 400 g (2 cups) mixed coloured quinoa, rinsed 500 ml (2 cups) vegetable stock 1 tsp cumin ½ tsp chilli powder 2 tsp salt flakes ½ tsp cracked black pepper 2 medium sweetcorn cobs, kernels stripped 1 x 425 g tin black beans, drained and rinsed 2 medium avocados, cubed 250 g cherry tomatoes, quartered 1 large red capsicum, diced ½ medium red onion, finely

diced

chopped

2 limes, juiced

½ cup fresh coriander,

To serve

Fresh coriander
Lime wedges
Sour cream (optional)

Miele Accessories

DGG3 – Unperforated steam container

METHOD

Peri peri chicken

- 1. Prepare the peri peri marinade by adding the ingredients into a food processor. Process until well combined.
- 2. Place the chicken in a glass or ceramic dish. Pour the marinade over the chicken, cover and marinate in the fridge for up to 4 hours.

Quinoa salad

- 1. Place oil, garlic, jalapeño chilli, quinoa, stock, cumin, chilli powder, salt and pepper into a large unperforated steam container. Place into the steam oven and Steam at 100°C for 17 minutes.
- 2. Add the corn kernels to the container and steam for a further 3 minutes.
- 3. Add the black beans to the container and steam for a further 3 minutes.
- 4. Remove the quinoa and stand for 5 minutes before adding avocado, cherry tomatoes, capsicum, onion, lime juice and coriander. Mix to combine.

To serve

- 1. Place the peri peri chicken into an unperforated steam container and Steam at 85?C for 15 minutes.
- 2. In a frying pan over high heat, induction setting 8, sear the chicken until browned on all sides. Rest for 5 minutes.
- 3. Thickly slice the chicken breast and serve on a platter alongside the quinoa salad.
- 4. Garnish with fresh coriander and lime wedges. Serve with sour cream (optional).

Alternative appliance method

Miele microwave with steam oven:

Place the peri peri chicken into an unperforated steam container and cook with Rapid at 85?C for 12 minutes.

Hints and tips

- Cooking time of chicken may vary depending on thickness.
- 1 average sized lime should yield approximately 2 tbsp when juiced.
- If unavailable, replace fresh jalapeños with preserved ones, approximately 10 slices to replace 1 whole jalapeño.
- This recipe is of mild heat, if you prefer hot and spicy, add additional jalapeños and chilli powder to taste.