



Silverbeet and ricotta cannelloni

By Miele

15 minutes

Preparation Time

1 hour 20 minutes

Cooking Time

8 serves

Serves

INGREDIENTS

Napoletana sauce

2 tbsp extra virgin olive oil
1 medium brown onion,
finely chopped
1 garlic clove, finely sliced
1 x 800 g tin crushed tomatoes
250 ml water
1 bay leaf
1/4 bunch basil leaves, picked

Salt and black pepper, to taste

Filling

2 bunches silverbeet, washed, stems removed
Pinch of fresh nutmeg
80 g Danish feta
500 g fresh ricotta
1 ½ cups parmesan, grated
50 g mozzarella, grated
2 eggs, whisked
½ bunch flat leaf parsley, roughly chopped
Salt and black pepper, to taste

Cannelloni

8 pieces fresh lasagna sheets1 ball fresh mozzarella, drained, sliced into 6 pieces50 g mozzarella, grated

METHOD

Napoletana sauce

- 1. In a saucepan on medium heat, induction setting 6, heat the olive oil. Add the onions and cook for 5-7 minutes until soft and translucent.
- 2. Add the garlic and cook for a further minute. Add the remaining ingredients and season to taste.
- 3. Simmer gently on a medium heat, induction setting 6, for 30 minutes, or until the sauce has thickened slightly. Check the seasoning and adjust as required.

Filling

- 1. Place the silverbeet into a large perforated steam container and Steam at 100°C for 2 minutes. Allow to cool before wringing out the excess moisture.
- 2. Roughly chop the silverbeet and add to a large bowl with the remaining ingredients. Mix until combined and the cheeses are well incorporated.

Cannelloni

- 1. Place a rack on shelf position 2 in the combi steam oven. Select Combi mode: Fan Plus at 180°C + 50% moisture.
- 2. On a clean benchtop, lay out the individual pasta sheets.
- 3. Spoon the filling close to one vertical edge of the pasta sheet, dividing the filling evenly among the 8 sheets. Ensure the filling reaches all the way from the top to the bottom of the pasta sheet.
- 4. Carefully roll each pasta sheet until a 2 cm overlap is achieved. Trim off any excess pasta. Repeat until all of the pasta sheets have been prepared.
- 5. Place one quarter of the Napoletana sauce into the base of a 34 cm x 21 cm ceramic oven proof dish. Place the rolled cannelloni into the oven dish and cover with the remaining sauce, spreading evenly. Top with fresh and grated mozzarella.
- 6. Place in the combi steam oven on shelf position 2 and cook for 45 minutes, or until top is golden brown and the pasta is cooked through.

Hints and tips

• Dry cannelloni shells can be substituted for fresh sheets. Simply add an additional can of tinned tomatoes to the Napoletana sauce, as dry pasta will require more moisture when cooking.