



Caramelised lemongrass and herb salmon

By Donna Hay

15 minutes Preparation Time

23 minutes Cooking Time

6 serves Serves

INGREDIENTS

1.4 kg salmon fillet, skin
removed, trimmed and
pin-boned
6 lemongrass stalks,
trimmed and cut in half
lengthwise
2 spring onions, sliced into
matchsticks

Sticky savoury sauce

110 g (½ cup) raw sugar60 ml (¼ cup) fish sauce2 tbsp lime juice

Fragrant crunchy toppings

Vegetable oil, for shallow frying 150 g ginger, peeled and thinly sliced into matchsticks 4 eschalot, thinly sliced 2 long green chillies, thinly sliced

To serve

Thai basil Coriander Lime, cut in half

METHOD

Sticky savoury sauce

1. Place the raw sugar, fish sauce and lime juice in a small saucepan on high heat, induction setting 7 and cook for 5 minutes, stirring occasionally, or until the sugar has dissolved and the sauce has thickened slightly. Set aside.

Fragrant crunchy toppings

- 1. Heat 2 cm of oil in a non-stick frying pan over high heat, induction setting 7.
- 2. Fry ginger, eschalots and chilli separately for 2–3 minutes or until crispy. Drain each on absorbent kitchen paper.

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- 1. Preheat the combi steam Pro oven on Combi mode: Grill + Level 3 + 20% moisture.
- 2. Place the lemongrass, cut side up, onto a universal tray lined with non-stick baking paper to make a trivet for the salmon.
- 3. Top with the salmon fillet. Spoon 2–3 tablespoons of sticky savoury sauce over the salmon to evenly coat.
- 4. Grill the salmon for 12–15 minutes, or until the salmon is cooked to your liking.

To serve

- 1. Place the lemongrass and salmon on a serving platter.
- 2. Top with the fragrant crunchy toppings, spring onions, Thai basil and coriander and drizzle with the remaining sticky savoury sauce.
- 3. Serve with limes wrapped in muslin and tied with twine and herbs as decoration.