



Pineapple and Christmas spice mocktail

By Matt Stone

30 minutes, plus fermentation time

Preparation Time

3-4 hours for garnish

Cooking Time

4 serves

Serves

INGREDIENTS

Fermented pineapple skin

- 1 pineapple skin (remainder reserved for dehydrating)
- 1 1/2 litres water
- 1 tbsp honey
- 2 cinnamon sticks
- 4 star anise
- 10 allspice

To serve

750 ml fermented pineapple skin 200 ml Lyre's Aperitif Dry – Non-alcoholic vermouth

- 1 lemon, juiced
- 1 bunch mint, leaves picked and crushed
- 1 lemon, sliced

Dehydrated pineapple, optional

METHOD

Fermented pineapple skin

- 1. Place a clean 2 litre preserving jar into the steam oven and Steam at 100°C for 15 minutes to sterilise the jar. Allow to cool.
- 2. Place the pineapple skins into the sterilised preserving jar. Pour over the water, add the honey and spices and give it a good stir. Cover with a cloth of towel and use a rubber band to seal.
- 3. Leave on the bench to ferment for a minimum of two days, but up to ten days if you prefer a stronger ferment. Once ready, strain off and store the liquid in the fridge.

Dehydrated pineapple

- 1. Thinly slice some pineapple and place on a lined tray universal tray.
- 2. Place in the warming draw on high and dehydrate for 3-4 hours, until slightly caramelised and crisp. Store in an airtight container.

To serve

- 1. Mix together all ingredients.
- 2. When guests arrive, pour the prepared drink over ice and garnish with dehydrated pineapple and some fresh mint.

Hints and tips

• Dehydrated pineapple is a great garnish or snack.