



Samosas

By Miele

25 minutes, plus refrigeration time

Preparation time

20 minutes

Cooking time

Makes 20

Serves

INGREDIENTS

Dough

225 g (1 ½ cups) plain flour ½ tsp salt flakes 60 g ghee, melted 125 ml (½ cup) cold water

Spicy potato and pea filling

500 g all-purpose potato (such as red desiree potatoes), peeled and cut into 1 cm cubes
2 tbsp vegetable oil
½ tsp brown mustard seeds
2 cm ginger (10 g), finely grated
½ long green chilli, finely chopped
½ tsp ground cumin
1 tsp garam masala
30 g (¼ cup) fresh or frozen peas

2 tbsp finely chopped coriander

Samosas

Vegetable oil, for frying

METHOD

Dough

- 1. Place the flour, salt and ghee in the bowl of a freestanding mixer with a dough hook attachment and mix on a low speed until a breadcrumb like texture is achieved.
- 2. Add the water and mix until the dough comes away from the sides of the bowl. Cover and refrigerate for 30 minutes before use.

Spicy potato and pea filling

- 1. Place the potatoes in a perforated steam container. Place into the steam oven and Steam at 100°C for 10 minutes or until the potatoes are just tender.
- 2. Heat the oil in a large frying pan on medium heat, induction setting 7. Add the mustard seeds, ginger and chilli and cook until the seeds start to pop.
- 3. Add the ginger and chilli and cook for 3 minutes or until tender.
- 4. Add the cumin, garam masala and peas, cook for an additional 2 minutes. Remove from the cooktop and stir through the potatoes and coriander. Cool before using.

Samosas

- 1. Portion the dough into 40 g balls. Using a rolling pin, roll each ball into a 12 cm circle, approximately 2mm thick. Cut the circle into two halves.
- 2. Brush water along the straight edge of the dough semi-circle and press sides together to make a cone shape.
- 3. Gently fill the cone with the filling and seal to enclose. Continue with remaining dough and filling.
- 4. Heat 2 cm of oil in a deep-sided saucepan on medium heat, induction setting 6. Fry the samosas, in batches, until they are crisp and golden, approximately 5 minutes.
- 5. Drain the samosas on paper towel and serve with Coriander and mint chutney or yogurt.