



Pumpkin and Prosciutto Risotto

By Miele

30 minutes Prep time

17-24 minutes Cooking time

6-8 Servings Serves

INGREDIENTS

1½ cups arborio rice 60g butter 1 small onion, finely chopped 2 cloves garlic, crushed 2¼ cups chicken stock 1/4 cup white wine 500g peeled and seeded pumpkin, diced 4 slices prosciutto, finely chopped Grated rind of 1 lemon 1 tablespoon lemon juice 1/3 cup grated parmesan cheese 1/4 cup mascarpone 1 cup baby spinach leaves 1/2 cup oregano, chopped Black pepper Salt

METHOD

- 1. Place rice, butter, onion, garlic, stock, wine, pumpkin, prosciutto, lemon rind and juice into a solid stainless steel tray.
- 2. Select 100°C and steam for 17 23 minutes until the vegetables are soft.
- 3. Add spinach, parmesan cheese, mascarpone, oregano and steam at 100°C for a further 1 minute.
- 4. Season to taste with pepper and salt and stir well to combine.

Hints and tips

- Serving suggestion Fry slices of prosciutto until crisp to use as additional garnish
- Using the Rapid Steam function on the Steam Microwave will reduce the cooking time for the rice. Steam at 300W + 100°C for 11 minutes.
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