



Raspberry and white chocolate soufflé

By Miele

45 minutes

Prep time

8 minutes

Cooking time

14 Servings

Serves

INGREDIENTS

For the base

150 grams sugar100ml water1 kilogram frozen raspberries45 grams cornflour

Soufflé mix

butter, at room temperature for greasing moulds 500 grams egg whites (between 15–20 eggs, 1 egg white is normally 30 grams) 125 grams sugar 100 grams white chocolate, chopped

METHOD

Base

For the base, mix the sugar and water together in a saucepan and bring up to 110°C. Add the raspberries and cook until soft.

To finish, mix the cornflour with a little of the raspberry juice or water and then add it to the raspberries and boil for at least five minutes to ensure the cornflour is cooked.

Blend in a mixer and then pass through a chinois to ensure all the seeds are separated. Allow to cool.

Soufflé Mix

Pre heat oven on Fan Plus 180?C

Prepare the soufflé moulds by brushing the insides with room temperature butter and then keep in the fridge on a baking tray until ready to use.

For the soufflé mix, whisk the egg white and sugar together to make a soft meringue. Add to the raspberry mix and gently fold together. Mix in the chopped white chocolate.

Fill a piping bag with the mix and pipe into the moulds.

Place the moulds in pre heated oven, on shelf position 2, for 8 minutes. Serve immediately.

Note:

The capacity of the moulds suggested are 150ml

The recipe can easily be halved to serve 7