



**Miele**

# Chicken baked in sauternes

By Shannon Bennett

**20 minutes**

Preparation time

**1 hour, 20 minutes**

Cooking time

**4-6**

Serves

## INGREDIENTS

1 tbsp duck fat or olive oil  
2 kg chicken Maryland (½  
Summerland chicken) chopped into  
100 g pieces  
12 shallots, peeled and cut in half  
lengthways  
4 garlic cloves, peeled and finely  
sliced  
2 sprigs thyme  
100 ml apple vinegar  
1 bottle (375 ml) dessert wine,  
preferably sauterne  
200 ml chicken stock  
2 zucchini courgettes, diced or  
shaped into suitable size  
½ lemon, zest and juice  
50 g cultured butter  
Sea Salt and pepper

## METHOD

1. Pre-heat oven on Fan Plus at 140°C.
2. Place a heavy Le Creuset style casserole dish on medium heat, Induction setting 6-7.
3. Add the oil or fat, and then the chicken pieces, colour until golden, and add the shallots and garlic. Sauté for 3-4 minutes.
4. Add thyme, then deglaze the pan with the vinegar, reduce to a glaze then add dessert wine and reduce the liquid by half.
5. Add the chicken stock, bring to the boil, cover and place into the oven for 45 minutes.
6. Remove from the oven, let rest for a minimum of 15 minutes.
7. Remove the chicken pieces and rest on a plate covered with cling film to prevent drying out. Skim off any visible fat from the top of the braising juices and discard.
8. Bring the remaining liquid to the boil; add the courgette and simmer for 2 minutes or until cooked.
9. Season with lemon juice, zest, salt and butter.
10. Bring to the boil, add the chicken pieces, and remove from the heat.