

Miele

Chicken nuggets with coconut sesame coating

By Miele

15 minutes

Preparation time

15 minutes

Cooking time

2

Serves

INGREDIENTS

100 g breadcrumbs50 g white sesame seeds50 g desiccated coconut

2 tsp salt flakes

1 tsp smoked paprika

1 tsp garlic powder

1 tsp onion powder

100 g plain flour

3 eggs

1 tbsp vegetable oil

2 tbsp milk

2 Chicken breast fillets, cut in

finger-thick strips

2 tbsp sweet chilli sauce

Miele Accessories

Perforated baking tray

METHOD

- 1. For the coating, mix together the breadcrumbs, sesame seeds, desiccated coconut, salt, paprika, onion powder and garlic powder in a bowl.
- 2. Place the flour in another bowl. Whisk the eggs, oil and milk together in a third bowl.
- 3. Coat the chicken strips with the breadcrumbs. To do this, first turn the chicken strips in the flour, then in the egg/oil mixture. Then coat them with the breadcrumb/spice mixture.
- 4. Place the coated nuggets directly on the perforated baking tray. Place into the oven on shelf level 2 on Fan Plus at 210°C with Crisp function activated and cook using for 15 minutes or until crisp. Turn after 10 minutes.

5.

Serve the cooked chicken nuggets with the sweet chilli sauce.

Additional appliance method Oven with AirFry.

- Miele's new AirFry function (available in selected ovens) combined with the perforated baking and AirFry tray creates crispier results compared to using the regular Fan Plus setting.
- The chicken can be cooked using the same method as above but using the AirFry function. Cooking times may be reduced.