

Miele

Daikon taco, yellowfin tuna, puffed wheat berries, yuzu gel

By Miele

2 hours

Preparation time

50 minutes

Cooking time

Cooking time

Serves



INGREDIENTS

Yuzu gel

200 g yuzu juice
125 g sugar
125 g water
2 tsp agar agar

Puffed wheat

50 g wheat
300 ml cooking oil for frying

To serve

12 slices daikon
180 g yellow fin tuna
36 g puffed wheat
1 green chilli
3 tbsp yuzu olive oil
1 tsp light soy sauce
1 tbsp fresh lime juice
3 tbsp yuzu gel
5 g coriander leaves
5 g flowers (optional)

METHOD

Yuzu gel

1. Place the sugar, water and yuzu juice in a small saucepan and place on a high heat, Induction setting 8.
2. Bring to the boil and add the agar agar. Continue to boil whilst whisking for at least 5 minutes.
3. Remove from the heat and pour into a bowl. Cover and place in the refrigerator. Allow to set for 2 hours.
4. Once it has set, place into a blender, blend until smooth, and resembles a gel.
5. Keep in a squeeze bottle or disposable piping bag.

Puffed Wheat

1. Place the wheat into a medium sized saucepan and cover with water. Place on a high heat, Induction setting 8 and boil the wheat for 25-30 minutes, or until the wheat is over cooked.
2. Strain and leave to dry in a warm place all day, or overnight.
3. Heat the oil in a medium sized saucepan on a medium-high heat,
4. Induction setting 7, until 190°C.
5. Prepare a sieve and some kitchen towel to drain the puffed wheat. Add the cooked grains and allow to puff.
6. Once they are golden, strain and allow to drain on the paper towel. Season with a pinch of salt.

To serve

1. Thinly slice the daikon so that it will fold without breaking.
2. Dice the tuna into ½cm dice. Dress the tuna with yuzu olive oil, lime juice, sliced chilli, salt and 1 teaspoon of light soy.
3. Place the daikon onto a board and place the tuna in the middle.
4. Bring up the sides and serve in between some washed frozen stones to stand up. Pipe in the yuzu gel and garnish with some puffed wheat, coriander cress and flowers.

Hints and tips

- The yuzu gel will keep in the refrigerator for weeks and makes an interesting addition to desserts or other raw fish dishes.