



Vietnamese coleslaw

By Shannon Bennett

25 minutes

10 minutes

8-10

Serves

INGREDIENTS

1/4 red cabbage

1/4 wombok

1 red onion

1 carrot

1/2 small daikon radish

2 long red chillies

5 spring onions (green onions)

1 lemon, finely zested

1 bunch coriander, washed

2 stems Vietnamese mint

1 clove garlic, crushed

100g bean sprouts, debearded

Dressing

60g sugar

60ml coconut water

60ml rice vinegar

Juice of 2 limes

60ml fish sauce

125ml sunflower oil

A pinch chilli flakes

To Serve

½ cup roasted crushed peanuts

METHOD

- 1. Thinly slice cabbage, wombok and onion on a mandolin into a large bowl.
- 2. Change the blade on the mandolin to a "spaghetti" blade and slice the carrot and daikon.
- 3. Slice the chillies very finely lengthways.
- 4. Finely slice the spring onions on the diagonal.
- 5. Pick the leaves of the coriander and Vietnamese mint.
- 6. Combine all the dressing ingredients in a clean screw top jar. Secure the lid and shake well to combine.
- 7. Gently toss all salad ingredients together.

To Serve

1. Dress lightly just before serving and garnish with crushed peanuts.

Note

- A mandolin is a slicer used for slicing very thinly. They are widely available through
 Asian grocers or online. If you do not have a mandolin, finely slice or use slice attachment
 on a food processor.
- Debeard bean sprouts by using your fingers to snap off the stringy tail.